

# HELGI'S

HARBOUR STREET • KIRKWALL

## MAINS

### Fish & Chips - £14.95

Beer battered haddock and chips with mushy peas and home-made tartare sauce

(2/5/14)

### Thai Chicken Curry - £18.95

Thai red chicken curry, served with rice and homemade garlic flatbread

(1/9/12/13/14) GF without flatbread

### Thai Tofu Curry - £12.95

Tofu Thai red curry, served with rice and homemade garlic flatbread

(1/9/12/13/14) V+ GF without flatbread

### Chicken Ballotine - £15.95 GF

Ballotine of chicken breast stuffed with roasted red pepper and spinach, dressed with a homemade tomato sauce and served with creamy mashed potatoes and seasonal vegetables

(1/14)

### Bangers & Mash - £12.95

Local butcher pork sausages, served on a bed of creamy mash potato and topped with onion and Orkney stout gravy

(1/2/14)

### Haggis Linguine - £12.95

Local butcher haggis, linguine in a creamy whisky sauce topped with Parmesan, served with garlic bread

(1/2/7/9/14)

### Chicken Fajitas - £14.95 GF\* wraps available

Chicken strips, marinated in our own recipe Mexican spice blend, pan-fried with chunky peppers and onion, glazed with sweet chilli and lime.

Served with soft flour tortilla wraps, chipotle tomato salsa, soured cream and grated Orkney cheddar

(2/7/14)

### Vegetable Fajitas - £10.95 V GF\*

As above with chunky roasted vegetables (2/13/14)

### Vegan Fajitas - £11.95 V+ with vegan alternatives

please state vegan when ordering

## ALLERGENS KEY

1 - Celery 2 - Cereals (Wheat, Gluten) 3 - Crustaceans 4 - Eggs 5 - Fish 6 - Lupin 7 - Milk  
8 - Molluscs 9 - Mustard 10 - Nuts (Treenuts) 11 - Peanuts 12 - Sesame Seeds  
13- Soya 14 - Sulphur Dioxide

V - Vegetarian V+ - Vegan GF - Gluten Free GF\* - Can be served with GF alternative